

MY CHILD'S BUSY BRAIN – NAVIGATING ADHD



MIDAS, Meadowfield School, Swanstree Avenue, Sittingbourne, ME10 4NL

Date	Four-part course on:	
	17 th November 2023 24 th November 2023	1 st December 2023 8 th December 2023
Time	09:45-12:45	
Presented By	Jonathan Smeeton 24 th November Session – Guest Speaker Dr Kim Selby	

A four-part course on Attention Deficit and Hyperactivity Disorder (ADHD) for parents and carers of children and young people with a diagnosis or a noticeable difficulty.

In this four-part course we will:

- Explore the causes and effects of ADHD and address some of the many misconceptions and myths surrounding this contentious label
- Consider the role and implications of medications
- Consider strategies and interventions to support learning and social development
- Explore positive approaches to behaviour management including sanctions and rewards
- Consider what “good practice” looks like for children with ADHD in the home and in the community

Numbers are limited and therefore places will be allocated on a first come first served basis. One parent or carer must commit to attending all four workshops. Another parent or carer is welcome to join any or all of the above.

This four-part course is £5 per participant

Refreshments are provided

For bookings please contact: midas@meadowfield.kent.sch.uk or telephone MIDAS Centre on 01795 477788, option 6.