

20th April 2022

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Mr Dan Zaccheo BA, PGCE Principal

Dear Parents/Carers,

I hope you had an enjoyable Easter break and had the opportunity to make the most of the lovely sunny weather!

As we return to school for Term 5, I would like to take this opportunity to offer a brief update and further clarity surrounding new Covid-19 guidance.

## What has changed?

- From 1 April, the rules have changed and now routine testing is no longer expected in all education and children's social care settings. The government will no longer provide free universal symptomatic and asymptomatic covid-19 testing (both LFT and PCR). Covid-19 is now being treated as other respiratory infections.
- Children and young people who are unwell and have a high temperature should stay at home for 3 days and avoid contact with other people. They can return to school when they no longer have a high temperature or they are well enough to attend. Please be aware that parents/carers of pupils who are deemed to be too unwell for school will be requested to come and collect pupils.
- Isolation rules for children and young people have also changed, if a child or young person aged 18 or under tests positive for Covid-19, they should stay at home and avoid contact with other people for 3 days. This starts from the day after they did the test. Anyone over 18 years of age should isolate for 5 days.

Updated symptoms for young people with Covid-19 can include:

- a high temperature or shivering (chills) a high temperature means you feel hot to touch on your chest or back and/or a temperature of 37.8 degrees or above
- a new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to your sense of smell or taste
- · shortness of breath
- · feeling tired or exhausted
- an aching body
- a headache
- a sore throat
- a blocked or runny nose
- loss of appetite
- diarrhoea
- feeling sick or being sick

If your child has any of the above and is unwell, please do not send them into school until they are feeling better. If you have any questions, please do not hesitate to contact the school office.

I would like to thank you for your continued support and look forward to an exciting term of fun and learning!

Yours faithfully











