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| Day | School | Home | Comments |
| Monday |  |  | Couldn’t find my bag – really cross  Wanted gaming time to take my mind off it but dad said homework first. |
| Tuesday | worry, scared, embarrassed | proud | Worried about my line in class assembly. Proud I did it  **Really clear delivery in assembly – well done** |
| Wednesday | Excited  Proud |  | None school uniform – got to wear my Arsenal shirt  **Great attitude all day – well done** |
| Thursday | Happy | scared | Watched ‘Five night’s at Freddy’s’ as everyone else is. Couldn’t sleep.  PE today – my fav |
| Friday | Embarrassed, tired | Embarrassed | Really tired at school cross I was told off in front of everyone for day dreaming  *This helped me understand - thanks* |
|  | Morning | Evening |  |
| Saturday |  |  | Little brother knocked the laptop and I lost my game – got told off for hitting him  *Well done for saying sorry* |
| Sunday |  |  | Scored a goal for my team this morning  Worried about the maths test tomorrow |

|  |  |
| --- | --- |
| Happy | Sad |
| Angry | Scared/worried |
| Tired | Leave me alone |

