



Meadowfield School  
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Ms J Palmer BSc, MA, MA, NPQH  
Principal

31<sup>st</sup> January 2022

Dear Parents/Cares

**Re: Healthy Living Day – Wednesday 9<sup>th</sup> February 2022**

As part of our PSHE curriculum we will be holding a Healthy Living Day on Wednesday 9<sup>th</sup> February for the whole school and all pupils will enjoy a range of activities, which will be tailored to suit everyone's needs and abilities.

Pupils will have the opportunity to participate in cookery activities, follow healthy recipes and then, of course, the all-important tasting! There will be fun exercise classes, all of which will be tailored for each pupil to ensure that everyone can enjoy the activities on offer.

We are keen to explore as many healthy eating ingredients as possible and to assist with the cost of the Healthy Living Day, we are asking for a £1 donation to help fund the ingredients. To ensure that these are as fresh as possible, we will purchase supplies on Tuesday 8<sup>th</sup> February. Please can all £1 contributions be donated by Tuesday 8<sup>th</sup> February. Your support is greatly appreciated and we are sure the pupils will enjoy the day and have a greater understanding of healthy living.

Please can you return the reply slip below indicating if your child has any food allergies.

Once again we thank you for your support in making the day a success.

Yours faithfully

Suzanne White & Ashley Whitnell  
PSHE Leads and Class Teachers

✂-----Please return to the School-----

**Re: Healthy Living Day – Wednesday 9<sup>th</sup> February 2022**

My Child is allergic to: \_\_\_\_\_

My Child has **NO** allergies

I enclose £1 donation towards healthy ingredients

Child's Name: \_\_\_\_\_

Class: \_\_\_\_\_

Parent/Carer Name: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Carer Signature: \_\_\_\_\_

