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Miss Jill M. Palmer BSc, MA, MA, NPQH  
Executive Principal

3<sup>rd</sup> July 2023

Dear parents and carers

### **Re: Sports Week**

Last year July 2022 Sports Week was amended and adapted because of the 40- degree heat. The good news is our wonderful pupils will take part in Superhero Sports Week this year. Our sports week will provide all pupils with the opportunity to embrace sport, fitness activities that can be enjoyed by all.

The activities will be taking place across the 10th, 11th, 12th and 13th July.

The exciting list of external contributors and agencies include:

- Sensory interactive dance and movement
- Superhero Judo display by GB athletes
- Dancing with superhero Sammy
- Fire Service hero
- Ambulance hero
- Super Police car
- Olympia boxing superhero

Our PE leaders from the Enquire pathway will be helping with a number of sports/stations and supporting the PE team. Our older pupils really wish to make the week a success with little Superhero athletics and much more.

So that all pupils across the school can enjoy the sports and activities available, please ensure that your child is wearing PE kit or appropriate clothing on their given days. A hat and water bottle are also required. If the sun is shining please apply sun cream to your child in the morning and if possible send the sun cream into school clearly labelled with your child's name.

This year we will not be able to accommodate parents/carers at Sports Week, as you know I have sustained a serious leg injury and as such the PE team is not operating at full capacity. However, we promise to provide your child with the most positive, fun and joyful experience during this week. Although we understand this is disappointing we would love to see you on the 14<sup>th</sup> July to show you the Wellbeing Suite that everyone so kindly contributed towards. Please complete the slip provided with our letter dated 12<sup>th</sup> June, a copy can be obtained from the school office.

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On Thursday 13<sup>th</sup> July the ice cream van will be in school and pupils can enjoy a refreshing ice cream or lolly and after school parents/carers are welcome to purchase ice creams and lollies. A letter with full details will following.

Please see the full timetable for the whole of Sports Week attached.

Thank you again to everyone for promoting the health, sport and physical well-being of the children. We look forward to seeing our little superhero's during Sports Week starting the 10th July.

Kind regards.

Yours faithfully

Ian Harman and The PE Team



**Monday 10<sup>th</sup> July 23**

Leaders	Ian Harman & Deanna Bailey & Charlie B		
	Timetable Sports Week - Monday 10th July		
Location	Muga area - Secondary Playground		
Activities/location	Superhero Run and Roll		
Session 1 10:00-10:30 10 min to transition	Corridor	Corridor	Corridor
Session 2 10:40-11:15 10 min to transition	Corridor	Corridor	Corridor

**Tuesday 11th July 23**

Leaders	Ian Harman	Deanna Bailey & Charlie B	Ian Atkinson/Jack Harris	Teacher and TA led	
Location	Muga - Superhero Athletics	Old Hall	Muga	Extended Impacts Playground	New Hall
Activities/location	Run, roll, jump, throw like a super hero	Climb like a superhero	Fire Engine experience Police/Ambulance Superheros	Move like a superhero Hurders and ladders	Superhero sensory dance
Warm up Ready	Registration	Registration	9:30 - 9:45 Ladybirds & Kingfishers	Registration	Registration
Session 1 10:00-10:20 10 mins to transition	Ducklings, <i>Kingfishers</i> , <i>ladybirds</i>	Tadpoles & <i>Swallows</i>	Fawns & Honeybees	Bluebells	Buttercups & Honey Bees
Session 2 10:30 -10:50 10 mins to transition	Fawns & Tadpoles - Honey Bees	Bluebells & Diamonds	Ducklings & <i>Tadpoles</i>		Buttercups



Session 3 11:00-11:30 10 mins to transition	Buttercups & Diamonds		Bluebells & Diamonds Wrens		Fawns
12.25 - 12.50	Break				
<b>Activities</b>	<b>Muga - Superhero Athletics</b>	<b>Climb like a superhero</b>	<b>Fire Engine experience</b>	<b>Move like a superhero Hurdles and ladders</b>	<b>Superhero dance With Sammy (Boogie Tots)</b>
Session 3 11:00-11:30 10 mins to transition	Swallows, Poppies, Bluebells	Kingfishers & Woodpeckers	Snowdrops & Sunflowers	Tadpoles	Wrens, ladybirds & Caterpillars
Session 4 14:00-14:30 30 mins	Snowdrops, & Sunflowers		Swallows, Poppies & Woodpeckers		Swallows, Poppies, Sunflowers

<u>Wednesday 12th July 2023</u>					
<b>Leaders</b>	<b>Ian Harman and Jack Harris</b>	<b>Deanna Bailey &amp; Charlie B</b>	<b>Ian Atkinson &amp; Joshua R</b>	<b>Mark Taylor</b>	
<b>Location</b>	Muga (Secodary playground)- Superhero Athletics	Old Hall	Muga Shaded area (Corner) -	Grass Space by the new hall - Weather dependant	New Hall
<b>Activities/location</b>	<b>Muga (Secodary playground)- Superhero Athletics</b>	<b>Throw like a superhero Olympia Boxing</b>	<b>Fire Engine experience Police/Ambulance Superheros</b>	<b>Street Sensory Dance Show - Note the times</b>	<b>Wheelchair warriors</b>
Warm up Ready	Registration	Registration	9:30 - 10:00 Wrens & Foxes	Registration	Registration
Session 1 10:00-10:30 10 mins to transition	Daises and Foxes	Nightingale & Peacock	Robins & Hedgehogs	Show starts at 10:15 - 11:00 Snowdrops, Sunflowers, Kingfishers, Woodpeckers	

Session 2 10:30-11:00 10 mins to transition	11:00 -11:30 Butterflies and Badgers	Swallows and Ladybirds	Nightingale & Peacock & Caterpillars	Show starts at 10:15 - Foxes, Daises, Robins, Hedgehogs	
Session 3 11:00-11:30 10 mins to transition	Nightingale & Peacock	Bluebells	11.00 -11:30 Kestrels , Badgers,	Show starts at 11:45 -12:30 Kestrels , Badgers, Butterflies, , Jays	Aspen and Willow
		Kingfishers	11:30 -11:40 Butterflies and Jays		
12.00 - 12.50	Break				
Activities	Muga - Superhero Athletics	Throw like a superhero - Javlin,long jump and athletics	Fire Engine experience	Move like a superhero Hurdurs and ladders	Superhero dance With Sammy (Boogie Tots)
Session 3 13:30-14:00	Saphire, Emeralds, Discover Kingfishers		Parks, Kahlo, Glennie , Hawking		Kestrels , Badgers, Butterflies, , Jays
Session 4 14:00-14:30 30 mins	Ladybirds, Kestrels		Saphire, Emeralds, Discover, Turing, Pankhurst		14.00 Aspen and Willow



**Thursday 13th July 2023**

Staff running activity	Ian Harman and Jack Harris	Ian Atkinson and George Taylor	Deanna Bailey	Mark Taylor
<b>Activities/location</b>	<b>Muga - Wheelchair experience, Athletics</b>	<b>Old hall Superhero Judo demo</b>	<b>New Hall - Boogie Tots Special</b>	<b>Outside new hall grass area fish out of water, Street Dance</b>
Meadowfield Mile @ 9:30 - 10	<b><u>Meadowfield Mile RACE - 9:30 - 10 Whole School!!!!!!</u></b>			
Session 1 10:00 - 10:30 10 min to transition	Spielberg	Pankhurst, Hawkings, Turing,	Parks, Kahlo, Glennie, Spielberg	10.15 -11.00 Saphires, Emeralds, Discovery
				10.15 -11.00 Diamonds
				10.15- 11.00 Ladybirds, Swallows, Caterpillars
				10.15-11.00 Nightingales & Peacocks
Session 2 10:30-11:00 10 mins to transition	Glennie,Parks, kahlo & Hawkings	Kestrels, Butterflies, Badgers, Jays, Foxes	Saphire, Emeralds, Discover, <b>Diamonds</b> , Turing,	
Session 3 11:00-11:30 10 mins to transition	Pankhurst	ladybirds, Swallows, Kingfishers, Snowdrops, poppies		11:45 Glennie, Pankhurst, Turing, Hawkings, Parks, kahlo, Spielberg
11:30 - 12:50	Break			
<b>Activities</b>	<b>Muga - Wheelchair experience, Athletics</b>	<b>Old hall Superhero Judo demo</b>		



Session 3 13:30-14:00 30 mins	Saphire, Emeralds, Discover, <b>Diamonds</b>	Pankhurst, Glennie, <b>Nightingales,</b> <b>Peacocks,</b> <b>Caterpillars</b>		
Session 4 14:00-14:30 30 mins	TEAM RACE TIME - Pankhurst, Hawkings, Turing, Kahlo, Spielberg , Glennie , Parks			