



Swale Day Resource

Find out more about what we do

Who Are East Kent Mencap?

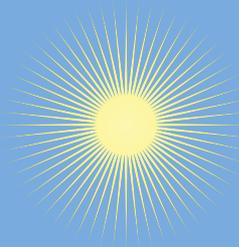
East Kent Mencap is a charity that supports adults and children with a learning disability to promote independence and maximise wellbeing.

We are an independently run and funded charity for people with a learning disability. We aim to maximise independence and minimise dependence through education, choice, community involvement and participation.

We work across East Kent, including the Districts of Thanet, Canterbury, Shepway and Swale.

East Kent Mencap offers a variety of opportunities for people with a learning disability. All of our services are person-centred, supporting people to develop their lives in whatever ways they choose.





Swale Day Resource



Our Swale Day Resource is located in the heart of the Sheerness community.

We offer opportunities to take part in activities, learn life skills, and form new friendships.

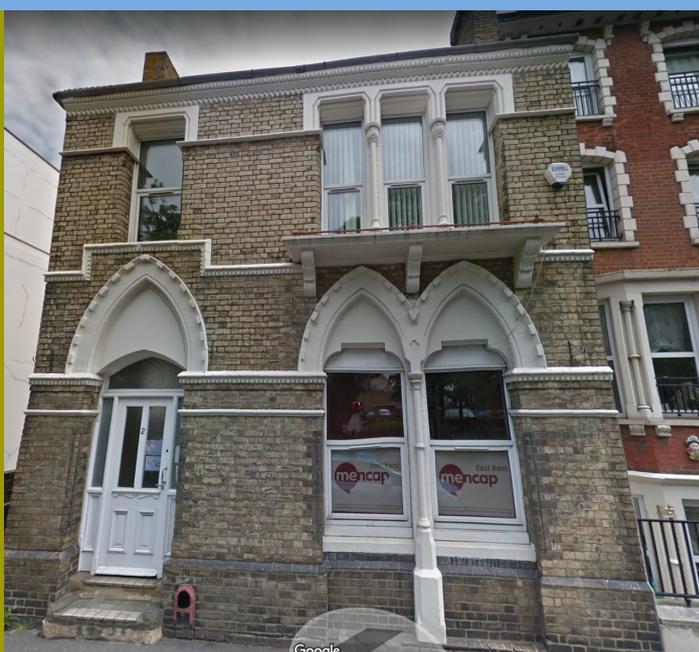
We are a member-led service and our members always choose what sessions we offer and how we run our service. We have a members committee across all of our East Kent Mencap Day Resources who advocate on the behalf of the people that attend our Day Resources.

We have a variety of activities on offer (including virtual clubs) and we provide many of these activities in partnership with local organisations, including Sheerness Leisure Centre, Barton's Point Coastal Park and Sheppey FM.

Members are also supported to access services in the community and to be involved in local events.

Throughout the year, members have the opportunity to showcase their work at a number of local events, from photography exhibitions to stage productions.

2 Trinity Rd
Sheerness
ME12 2PJ



Opening hours:
Monday - Friday,
9am to 4pm

Sessions



We offer a variety of sessions to take part in. As our service is member-led, we encourage our members to take the lead in planning sessions.



We are always open to ideas and suggestions. The sessions that we currently offer are tailored to our current members, however this could change if interest is shown for different activities.

Previously, we have done:

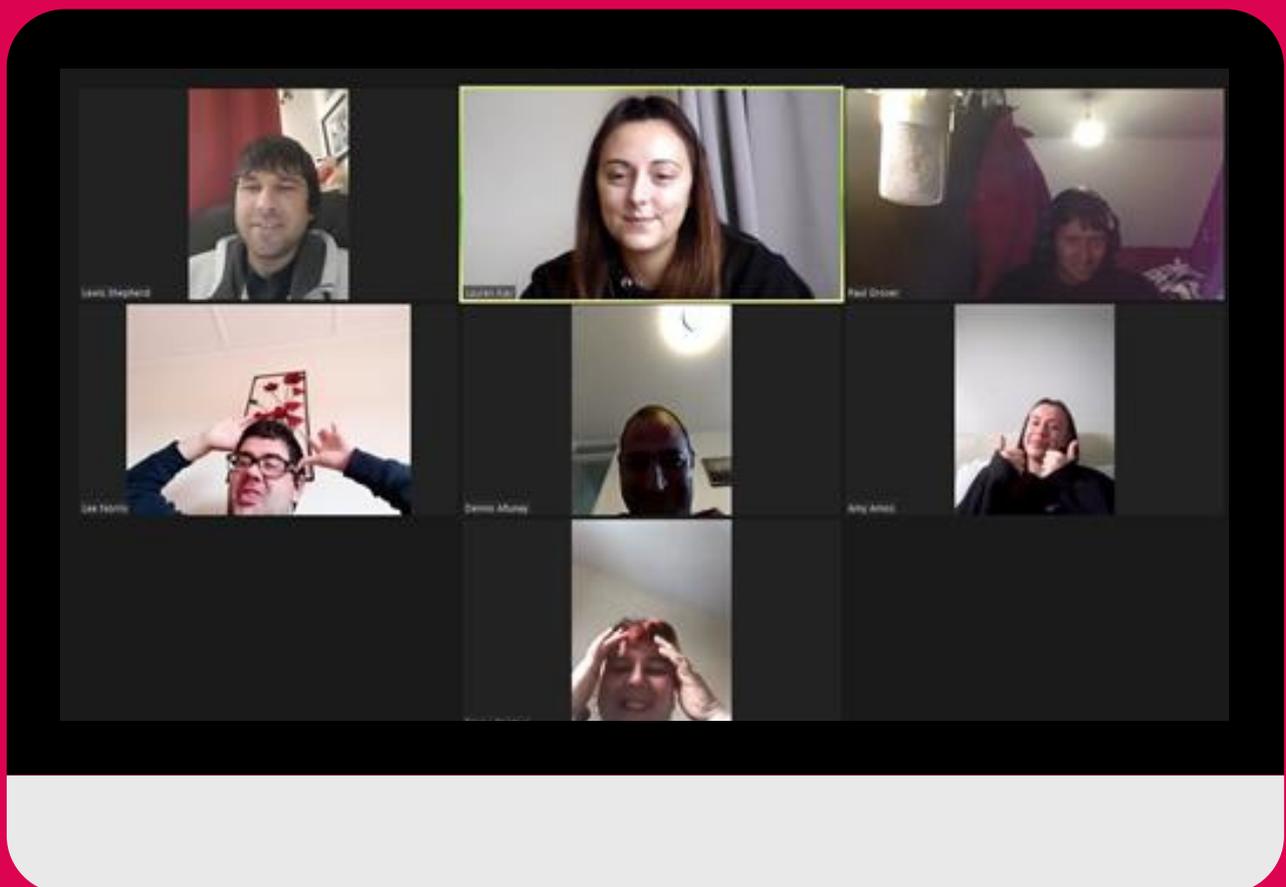
- Art
- Badminton
- Bowling
- Community Projects
- Cooking
- Fitness
- Football
- Gardening
- Golf
- Gym
- Life Skills
- Petanque
- Song Signing
- Swimming
- Talent Show
- Tennis
- Up-cycling



Virtual Sessions

We offer virtual sessions for people who wish to access sessions from home, which were first introduced during the COVID-19 pandemic.

People who cannot attend in person can still join the sessions to meet with friends and participate in the activities virtually.



Clubs and Events

We offer a number of clubs through the week that anyone with a Learning Disability can join. This can vary according to members' likes and interests.

Previously, we have done:

Annual Halloween Disco

Come Dine With Me

Community Confidence Project

Disability Nightclub

East Kent Mencap's Got Talent

Games Club (PlayStation, board games)

Pantomimes

Saturday Club for Young Autistic People

Social Club (Virtual)





Transport

We can provide transport to and from our Day Resource.

For more information please call us on 07383011629.

The members can choose to use the mini bus to access venues further afield for a small charge.

Previously, we have done:

- Country parks
- Festivals
- Thorpe Park

Pricing and Funding



To attend our Day Resource, it costs £40.91 per day, or half day sessions at £20.45 per session (subject to inflation). Virtual sessions cost £20.45 per session.

We offer 1:2:1 support too, so if you feel that you may need this then please speak to a staff member to discuss your options.

If you already have a care manager, they may be able to fund some of your sessions as part of your care and support plan, or, you can self-fund your own sessions.

We offer free taster days to anyone who may be interested in joining our day service. Please speak to the service manager to find out more.

If you have any further questions please do not hesitate to contact us. We are here to support people with learning disabilities, their families, and their carers.

Get in touch with us at
DayResource@eastkentmencap.co.uk