



PE Newsletter Term 3

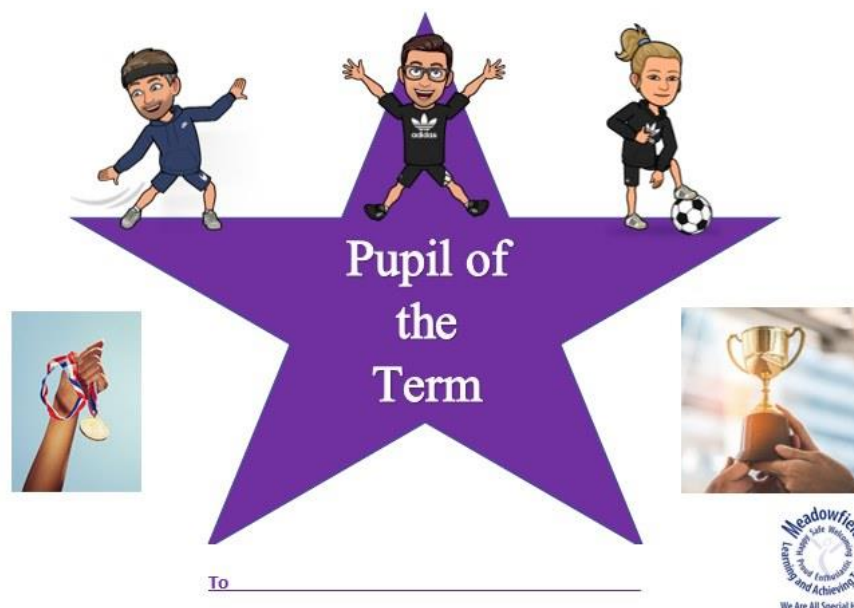


This term we have started a new topic, Gymnastics!

Pupils have been exploring making shapes with their bodies, locomotion movements & Low & High level platforms for Climbing, Jumping & Landing.

We have also been working on building routines & sequences of movements using picture cards & our memory.

See below some of the amazing work that Meadowfield pupils have been up to.....



Ian

Wrens - Theo

This term we have been learning about working together and practicing gymnastic actions and movements. Theo has shown tremendous respect towards others in his class and always listens to instructions. He always makes sure he helps others and gives 100% in every lesson. He demonstrates the PE values every week, great work this term Theo.

Diamonds - Freddie

During transition from class Freddie is always ready to go! He is the first in the sports hall and the first chasing the Kinball. He is brave, courageous, and willing to try new challenges. If given the chance Freddie would climb a mountain!

I have been so impressed with his ability to get on and never give up. Freddie is my champion of PE a completely deserving award winner of pupil of the term.

Emeralds - Eloise

A real star who always attends our PE lessons every week with a huge smile - Eloise is in our engage pathway and has been working on kicking and boccia through the motor activity training program. Always looking and wanting to achieve. Eloise has loved the basketball games and enjoys the parachute shake and move. We are all proud of you Eloise.

Pankhurst - Charlie

During our WJEC accreditation in healthy living and fitness Charlie has been working on specific goals to improve his cardiovascular endurance and strength. He managed to improve his fitness and

demonstrated brilliant determination during the different fitness tests. He really has worked hard on his personal goals . Massive congratulations Charlie on all your efforts this term.

Deanna

Kiera – Turing

Kiera always shows up to PE with a smile and demonstrates the PE Values in every lesson. She has done really well and worked very hard on her WJEC work since September! Well done Kiera for being the pupil of the term!



Arlo – Fawns

Arlo loves PE and always shows up with a big grin on his face. This term we have been looking at rolling and building gross motor skills within gymnastics and he has done amazing and has learnt to forward roll with assistance! Well done Arlo, he has even learnt to do them on crash mat and will pull a TA or myself to the crash mat to help him do the rolls!

Conor

Abbie - Endeavour

This term Endeavour have been using the Health & Wellbeing suite on Friday mornings as part of their Physical Section of the Duke of Edinburgh award.

Abbie has shown amazing dedication to learning new movements, improving her fitness & has been an incredible role model to her friends, very often motivating them to join in with her.

Abbie's confidence is growing every day & it is a pleasure to see her progress. Well done!



Megan - Kingfishers

Megan always works hard in PE & has shown amazing development in her confidence. She is always positive & willing to give a task a go rather than say she can't do it. She has shown strong character by climbing up benches to high platforms & attempting small jumps with minimal adult support. Well done!

Aqua Splash





This term has been a huge success for Aqua Splash sessions. Pupils from across the school have been engaging in Aqua Splash sessions as either part of their PE lessons or as an additional activity.

A big thank you to Sam Crook (Sunflowers Teacher) who worked with Ian to order some additional life jackets to support pupils with building their confidence in the water as well as keeping them safe.

Swimming – Faversham Pools

Well done to Foxes this term for their continuous efforts in swimming. Pupils have done very well in developing their independency on changing by themselves, developing their surface diving skills but overall developing their overall confidence in the water. A huge well done to Foxes and thank you to their TAs and teacher to help pupils with these opportunities. Next term (term 4) is Poppies, please ensure all consent forms are filled in for Poppies pupils and if there are any questions please speak to Dee and she will be happy to help out wherever needed.

Lunch Clubs



This term we have introduced a new club called Badminton and pupils have loved it. They are developing their skills and really focussing on trying to build on their rallying. Well done especially to Spielberg for their continued efforts in always setting it up and helping engage pupils into the sport. This will continue for the rest of the year and maybe develop into tennis in the summer months in line with Wimbledon!

Kahlo Table Cricket Trip





Kent Cricket are inviting SEND schools to enter the 2024 National Table Cricket schools competition.

Winners from both the Beckenham and Canterbury competitions will compete against each other at a later date to decide which school goes through to the regional and possibly national finals.

These competitions are open for all SEND schools so we ask for schools to be flexible as needed on the days. Teams of 6 with squads of 8-10 players. Please state your schools classification: AS, SMEH, LD PD etc.

COST: FREE **AGES:** Year 7 and above

WHERE/WHEN:

BECKENHAM: Wednesday 21 February 10am - 2pm
The County Ground Worsley Bridge Road BR3 1DR

CANTERBURY: Monday 26 February 10am - 2pm
The Spitfire Ground, Old Dover Road, Canterbury CT1 3NZ

SIGN UP FOR CANTERBURY HERE <https://forms.office.com/e/231ACRVjh1>

CONTACT FOR MORE INFORMATION Brian.Gasking@kentcricket.co.uk



LORD'S TAVERNERS
Empowering young people through cricket

www.lordstaverners.org/table-cricket

Registered Charity No. 306054 | OSCR No. 3CD46238

On Monday 26th February 2024 Kahlo will be going on a table cricket trip to the Spitfire Ground in Canterbury. It is an all day trip where pupils will have lunch out too. Letters have been sent home please can these been returned so all pupils can attend the trip. Any questions please get in contact with Dee. Dee is very excited and knows the pupils will do their best!

Rapid Fire Cricket













On Wednesday 7th February Snowdrops class went to Swallows Leisure Centre to play Rapid Fire Cricket organised by Claire Geeves our local SGO as part of Kent School Games. A huge thank you to Claire for allowing us to come and a huge well done to Snowdrops class for their amazing effort. All pupils followed the rules and took part in all the activities, this was a major step for Snowdrops class to go to a sporting fixture as some haven't been before and all did brilliantly. Dee and Snowdrops team were incredibly proud of you!

Judo Festival









Working in partnership with Claire our local school games organiser. On Tuesday the PE team hosted the 2nd Swale community Judo day on 9th January. Kaz and Eddie our Great British Judo masters demonstrated and taught pupils a wide variety of techniques and Judo skills that proved a huge hit amongst our pupils and Minterne, Aspire, Five Acre Wood, Rivermead and Lansdown school. Really proud of the way Meadowfield pupils showed off their talents and potential in a new sport. Please Watch out for some of our pupils at the next Olympics.

<https://www.senshukenjudo.com/>

Classes are run on Tuesday evenings from 6pm - 8pm with an offer of a free taster session.

KsENT PMLD Olympic Day





On the 16th January, schools from across the county took part in a multi skills and boccia day hosted by the PE team at Meadowfield and supported by fantastic teachers and TAs from Valence, St Nicks, Ifield, and Portal House school. A massive thank you to the young sports leaders from Portal House who really showcased their skills and confidence and connected with the different pupils during the events. Peter the PE teacher from Portal House was so impressed and excited to see a different side to his pupils. So many staff mentioned particularly how friendly, compassionate and warm they were. The Portal House pupils are always welcome back at Meadowfield 👍 Thank you to Peter from Portal House for helping out during the day .

MATP Special Olympics Course



To develop our engage PE offer. The PE team have been on a course recently to up skill and learn how to embed the Motor Activity Training Programme into lessons for the engage pupils.

As part of the Special Olympics and to develop those pupils sporting opportunities, the hope is we can encourage pupils towards more advanced competition and enhance the chances of success in a sports or event potentially involving the Special Olympics. With so many talented pupils we are confident we can achieve and develop our motor skills.

The Special Olympics Motor Activity Training Programme (MATP) is a unique programme specifically designed for athletes of all ages with Profound and Multiple Learning Difficulties (PMLD) or complex needs.

Our goal is to Increase physical activity leading to improvement in motor skills, physical fitness, and functional ability

- Enable more opportunities to perform sports activities
- Development of a more positive self-image through skill acquisition
- Enable greater interaction through sport and physical activity
- Provide more opportunities to develop friendships with other athletes, family members and engage the local community

<https://www.specialolympics.org/what-we-do/sports/motor-activity-training-program>

Sports Connect







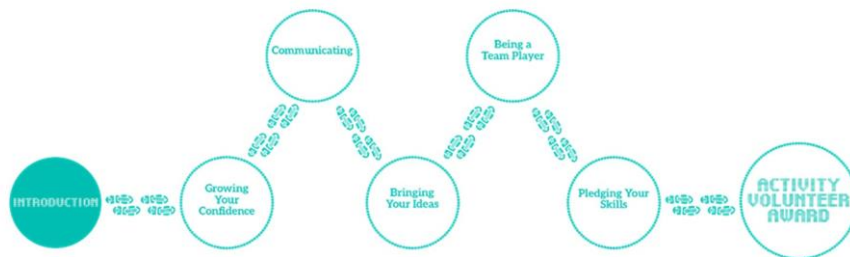
The PE Team have been working closely with a fantastic organisation called Sports Connect who have been successful with funding a 12 week sport development programme to develop confidence and employment opportunities in sports www.sportsconnect.uk

Sports session will include multi sport and learning about sport in the community based around mental health and well-being. This will consist of a sports activity and a health and well-being lessons. Those aged 14+ will be able to gain an accredited NCFE qualification. This is a fantastic opportunity for sixth form pupils to prepare them for adulthood and working within the community.

The session will provide opportunities in the future to take part in coaching workshops, and work experience with other partner organisations.

Students will also learn and improve their awareness in community safety.

Breaking Barriers (Activity Volunteer Award)



Pupils in Year 11 have completed their work towards WJEC Healthy Living & Fitness & have now begun a new accreditation, The Activity Volunteer Award.

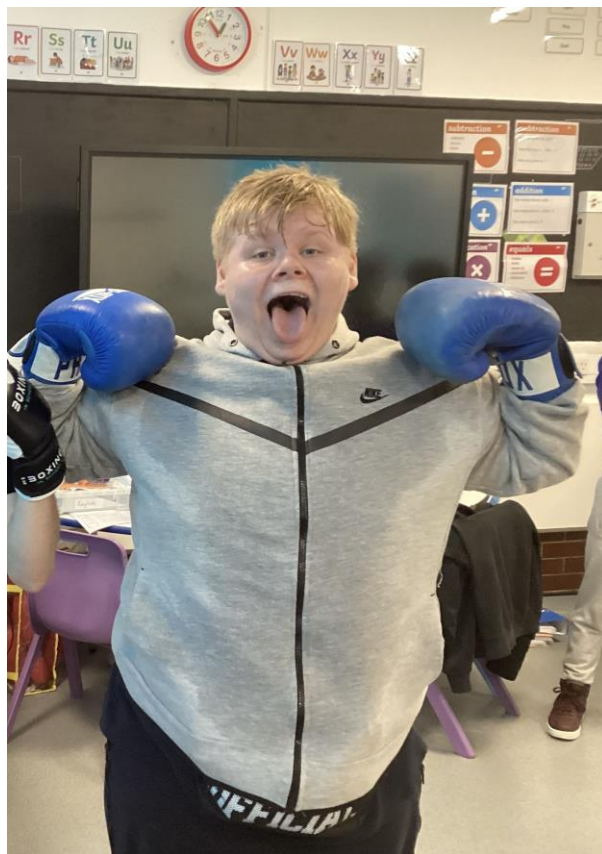
This award will allow pupils to develop transferable skills from supporting younger pupils in Breaking Barriers lessons into adulthood.

Pupils will be able to develop key social skills, build their confidence & be creative in designing & delivering activities for various groups across the school.

Olympia Boxing









Tuesday at main site

Olympia Boxing have been continuing to deliver sessions for our younger pupils in Kingfishers & Ladybirds. All pupils are buzzing every week to get involved & are all actively engaged

Thursday at Ufton Lane

Pupils at the sixth form have had the opportunity to engage in non - contact boxing this term & it has been a huge success. The pupils have not only been learning combinations of punches, but developing social skills, fitness, wellbeing & a love for movement.

Pentagon Play Equipment



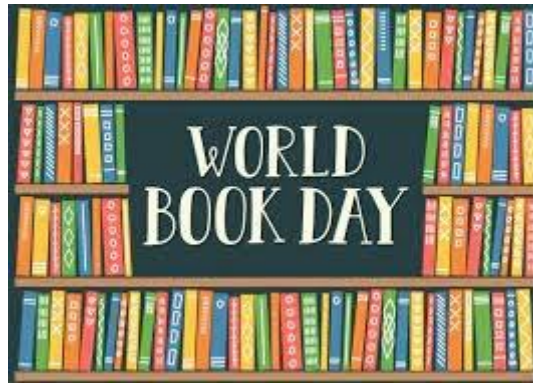


We have recently had delivered our Go Set Blocks from Pentagon Play for pupils use on the Secondary Playground. So far, every break & lunch time pupils work together to build different obstacle courses to complete. All pupils are using these blocks to keep active & engaged during break times through the day.

[Pentagon Play](#)

World Book Day





This year on Thursday 7th March 2024 World Book Day is on the Olympics – We would love to hear your ideas as what the PE team should come as?!

Meadowfield hosts Football Fixture



On Thursday 18th January, Meadowfield school hosted football fixtures for Canterbury Road & Milton Court.

Both schools showed fantastic sportsmanship & played some brilliant football, scoring some amazing goals.

The Girls played first with the result finishing 7 - 0 to Canterbury road.

The Boys played second finishing is a very tight 2 - 0 win for Milton Court.

Sporting Success outside of school



Well done to Lucy in Peacocks who won man of the match 2 weeks ago at her football club and then a week later won man of the match at hockey. A huge well done this shows how hard you are working outside of school PE. Keep up the good work Lucy the PE team are very proud of you!