

## SUCCESS ON THE SPECTRUM



MIDAS, Meadowfield School, Swanstree Avenue, Sittingbourne, ME10 4NL

Date	<b>Five-part course on:</b> 25 <sup>th</sup> April 2024 2 <sup>nd</sup> May 2024 9 <sup>th</sup> May 2024 16 <sup>th</sup> May 2024 23 <sup>rd</sup> May 2024
Time	09:45-12:45
Presented By	Jemma Williams

This five-part course takes place over five morning sessions and is suitable for parents and carers of school aged children with a diagnosis of Autism Spectrum Condition (ASC). The course aims to deepen delegates' understanding of the diagnosis of ASC and to provide effective strategies for school age children and their families. Participants will meet other parents and carers and will share experiences in a supportive atmosphere.

### In this five-part course we will:

- Session One: What does a diagnosis of ASC mean? What are the features of autism?
- Session Two: Investigating communication. Visual supports – what might they be and how can they help?
- Session Three: Sensory sensitivities and anxiety
- Session Four: Developing emotional awareness and analysing and managing behaviour
- Session Five: A session to be tailored to the needs of participants and their children

Numbers are limited and so places will be allocated on a first come first served basis. **PLEASE NOTE** that one parent or carer must commit to attending all five sessions. Another parent or carer is welcome to join any or all sessions.

**This workshop is £5 per participant. Refreshments are provided.**

**For bookings please contact: [midas@meadowfield.kent.sch.uk](mailto:midas@meadowfield.kent.sch.uk) or telephone MIDAS Centre on 01795 477788, option 6.**