Online Parent

Workshops

NFI F1

NHS Foundation Trust



Kent Emotional Wellbeing Teams Medway Emotional Support Teams

Aimed at parents of children in primary school and year 7

Understanding ADHD in Children

Wednesday 30th August 10.30am-12.30pm

Do you have questions about ADHD? Maybe your child has received a diagnosis. Would you like to come and meet with other parents and carers and learn about ways to support your child?

You are invited to a workshop about understanding symptoms of ADHD. We also discuss helpful strategies that you can use at home to help support your child.

If you would like to join, please ctrl + click the link below or by entering the Meeting ID and Passcode within Teams:

Click here to join the meeting

Meeting ID: 391 302 593 098

Passcode: YiEC6C

www.nelft.nhs.uk

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools

We look forward to meeting you.